



EVIDENCE
IN MOTION

CONTINUING EDUCATION FOR HEALTHCARE PROVIDERS

Management of Falls and Balance Disorders

Course Cost: \$540 USD

Faculty: Dr. Mariana Wingood, DPT, PT, GCS

Course Date/Location:

Check website for current offerings.

Description

One of three adults age 65 and over will fall this year, and 70% of these falls can be prevented with the appropriate interventions. Older adults with neurologic impairments due to stroke or degenerative nerve diseases are at an even higher risk of falls. EIM's Management of Falls and Balance Disorders course is designed to enhance the participant's knowledge and skill level in the evidence-based management of individuals with neurologic disorders and those who are at increased risk for falls. This lab intensive course focuses on the clinical reasoning and hands-on problem solving necessary to effectively integrate evidence-based screening, assessment, intervention, and management techniques into the clinical management of these individuals. Participants will work as teams to assess their current treatment practices. They will develop plans to implement evidence-based practice into their patient management plans. Barriers and facilitators to implementation will be discussed and resources in the community identified. Students will complete the course with a quality improvement project which can be used in their clinical practice.

Course Onsite Schedule:

Day 1

8:00 - Orientation; Introductions; Course Expectations
8:30 - Overview of healthy aging and the aging brain
10:00 - Break
10:15 - Lab
12:00 - Lunch Break
12:30 - Overview of stroke and neurodegenerative diseases
1:45 - Lab
2:30 - Overview of federal and state initiatives for older health
3:00 - Break
3:15 - Presentations of Q1 Projects
5:00 - End of Day 1

Day 2

8:00 - Round Robin Review
8:30 - Fall Risk Management - screening and assessment
9:00 - Managing fall risk in the community
10:00 - Lab
11:00 - Managing Fall Risk in Home Health, Skilled Nursing, LT Care
12:30 - Lunch Break
1:00 - QA Projects
2:00 - Discussion: Advanced Clinical Decision Making Q&A
4:30 - End of Day 2

Objectives:

Upon completing this course, you'll be able to:

1. Apply the concepts of the continuum of healthy aging to your clinical practice
2. Analyze the impact of the pathological process on common central nervous system disorders in terms of function and fall risk.
3. Apply understanding of the pathology of the nervous system and aging into evidence-based treatment plans
4. Select and perform tests and measures to identify a person's fall risk.
5. Identify and perform evidenced-based interventions tailored to the patient to decrease fall risk.
6. Review the role of technology and the aging services network as an extender of therapy to achieve the best outcomes.
7. Describe how to integrate evidence-based fall risk management into the workflow and plan of care.

Approach and Instructional Method

This course is delivered in a blended learning fashion, combining online and on-site learning experiences to facilitate participant learning. An interactive and media-rich online precourse is provided to participants 30 days in advance of an intensive 2-day on-site laboratory weekend. The online precourse provides an evidence-based overview of the management of neurological problems and fall risk management strategies using a series of web-based video presentations, key evidence summaries and primary research articles. The on-site lab intensive weekend provides participants with case studies, self-assessments, real life problem solving, and group learning. The course will have a student to faculty ratio of no greater than 18:1 (16:1 in California). An online post-test and on-site skill assessment are used to reinforce course objectives and assess learning.

Target Audience: Intermediate level course open to licensed healthcare providers, including occupational therapists and physical therapists.

Credits: 24 contact hours or 2.4 CEUs

AOTA CEU/Contact Hours: 2.4 CEUs or 24 hours

AOTA Classification Code: OT Domain: Outcomes: Intervention

Cancellation Policy for cancellation by the participant or by the provider available:
www.evidenceinmotion.com/ceupolicy

Special Needs Request: To view ISPI's special needs policy and request help, please go to www.evidenceinmotion.com/accommodation-procedures-disabled-participants/. You may also call 888-709-7096 or email courses@eimpt.com

Registration: Available at www.evidenceinmotion.com/educational-offerings/course/management-of-balancefalls-and-neurologic-problems-in-the-older-adult/



The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA or indicate AOTA approval of a certification or other professional recognition.